

Design & Illustration

HANA KINOSHITA THOMSON

2022 CV & Portfolio

education

Bachelor of Design 2019 – 2022
High Distinction Average
UNSW Art Design & Architecture

Bachelor of Psychology 2010 – 2014
First Class Honours
UNSW

hard skills

Adobe Photoshop* intermediate
Adobe InDesign* advanced
Adobe Illustrator* beginner
Procreate* advanced

Fluent in Japanese N1 of JLPT
(Japanese Language Proficiency Test)

*Open and committed to further developing skills

work experience

Design Intern 2022
HarperCollins Australia
book design, visual research, & marketing design during 10 week design internship

Sub Designer 2022
Tharunka (UNSW Student Magazine)
illustration & design to accompany pieces of writing by students

Freelance Illustrator & Designer 2019 – present
see portfolio

Coordinator 2020
VisionScope Coaching (Life Coaching Business)
graphic design, content curation & copy writing for social media & website

Assistant Language Teacher 2016 – 2019
Toyojoshi Senior High School, Japan
planned & taught English classes, designed teaching resources, & more

Assistant Program Coordinator 2016
Japan Foundation, Sydney
curated monthly newsletter, designed badges, helped run events, & more

soft skills

communication
collaboration
empathy
emotional intelligence
enthusiasm & optimism!

awards

UNSW Art & Design Dean's List 2020 & 2021
for outstanding academic achievement

Wellbeing Guide 2020
my design was one of four chosen & featured on mental wellbeing guides distributed freely across university campus

2020
design featured on mental wellbeing guides distributed across campus

HANA UNDER THE TREE**

I'm passionate about mental health, sustainability, the Japanese language & culture, picture books, & rabbits.

**KINOSHITA

木下 (きのした)

my middle name, means "under the tree" in Japanese

Design & Illustration

PORTFOLIO

Illustration & Design

1. percy is a perfectionist

2. visionscope coaching

3. casual nihongo

4. visual essay

5. posters

6. mii-chan can speak japanese

7. library peer mentor zine

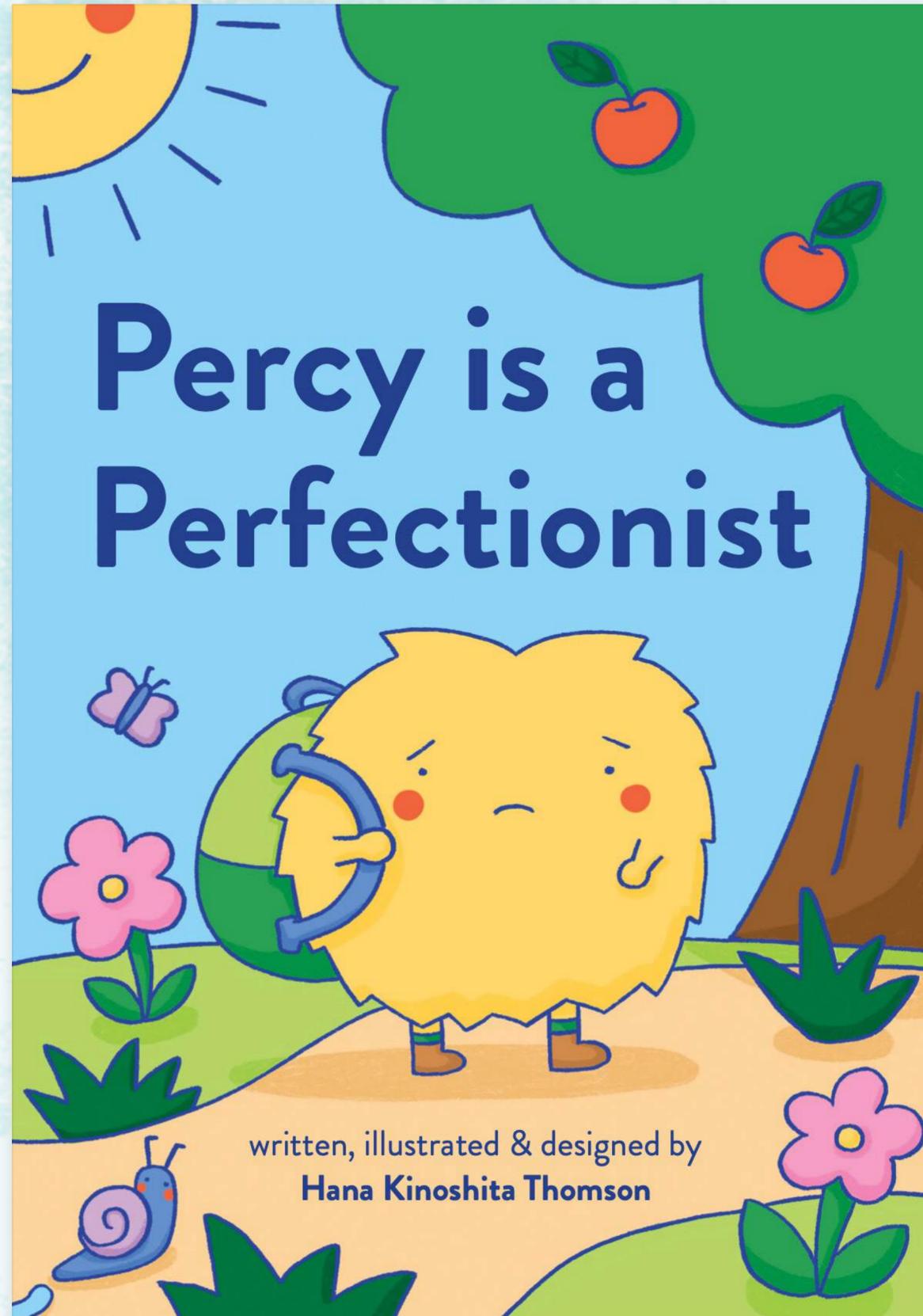
8. all's fair in love & tequila

9. grandma's guide to happiness

10. tharunka

11. girl & rabbit

12. mental health month x artober



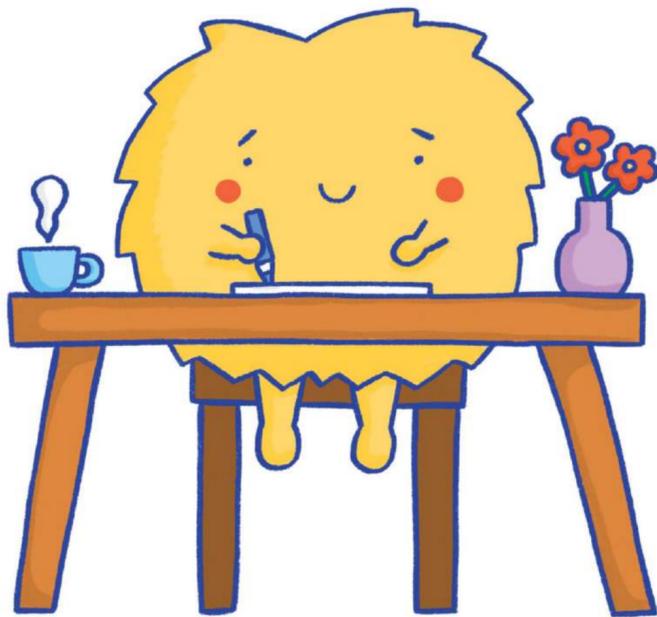
1. PERCY IS A PERFECTIONIST

illustration, design & writing

For the final major project of my Bachelor of Design degree, I drew upon my psychology background as well as my illustration and design skills to create a children's picture book. *Percy is a Perfectionist* is a book that integrates a narrative about main character Percy, with practical anxiety-management activities for children.

PERCY IS A PERFECTIONIST *illustration, design & writing*

Percy is a Perfectionist.



4



When Percy wakes up in the morning, they make sure to wear perfectly matching socks, pack their perfectly finished homework in their school bag, and leave for school at the perfect time.



...if I leave at 8:00, it takes 22 minutes to walk to school, so even if something happens, I'll still be early...

PERFECTIONISM

is when you set very high or impossible expectations for yourself. When these expectations aren't met, it can cause anxiety.



5

ANXIETY

is a normal feeling anyone can get when they are very worried about something. It can change how you think, how you feel in your body, and what you do.

At school, Percy gets high marks. Their teacher Ms Jennings always expects great things from Percy.



6



But sometimes the pressure of being perfect all the time makes Percy feel anxious.



When this happens, it feels like the world is closing in around them and like everyone is paying close attention to Percy's flaws.



7

PERCY IS A PERFECTIONIST

illustration, design
& writing

Percy's story begins by introducing their hard-working and perfectionist ways (previous page), before guiding readers through mindfulness activities, detective thinking (a form of cognitive behavioural therapy for children) and some mini challenges (right; next page).

This project took about half a year to complete, using Procreate, InDesign and Photoshop. It involved conducting thorough research, as well as taking on feedback from teachers, peers, and child psychologist mentors.

The process of conceptualising, ideating, writing, illustrating, designing, presenting, refining, and mocking up this project was a challenging and incredibly fulfilling one, that allowed me to combine all of my passions and my skillset. I was grateful to achieve a High Distinction result for *Percy is a Perfectionist*.



mindfulness

Percy remembers that one of the first things you can do when you're feeling Anxious, is to try practicing Mindfulness. Mindfulness is when you become aware of how you're feeling in your body and thoughts, without judgement. It can help you feel calmer, less anxious, and accept yourself, just the way you are.

Percy decides to try three mindfulness activities: Body Mapping, Box Breathing, and 5-4-3-2-1.

BODY MAPPING

is an activity that encourages you to think about how you're feeling in different parts of your body and why, by drawing it out onto an outline of a body. There's no right or wrong way to draw a Body Map.

Percy takes a deep breath and carefully thinks about how they feel, before drawing it all out.

Percy's Body Map



EVENT

Giving a presentation in front of the whole class. 🙄

1

WORRIED THOUGHT

I'll forget what to say and everyone will think I'm silly!!

WORRY SCALE



2 EVIDENCE

- Last time I gave a presentation, I forgot what to say and got really embarrassed...
- But when my classmates presented, I didn't think they were silly...

3 ALTERNATIVES

- Maybe I won't forget what to say
- Maybe I will forget but no one will think badly of me

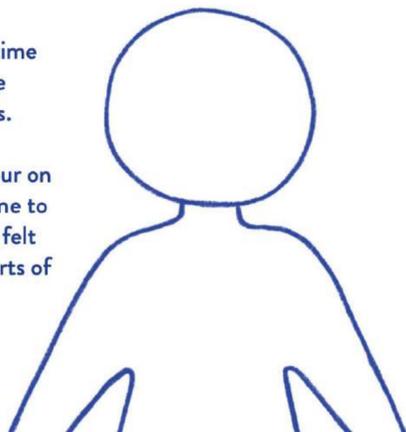
4 REALISTIC THOUGHT

Even if I make a mistake, it's not the end of the world!!

now it's your turn!

Remember a time when you were feeling anxious.

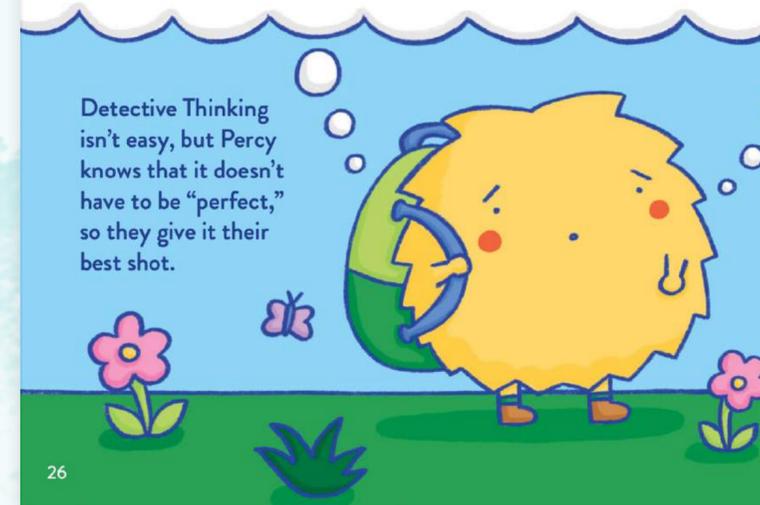
Draw and colour on the body outline to show how you felt in different parts of your body at that time.

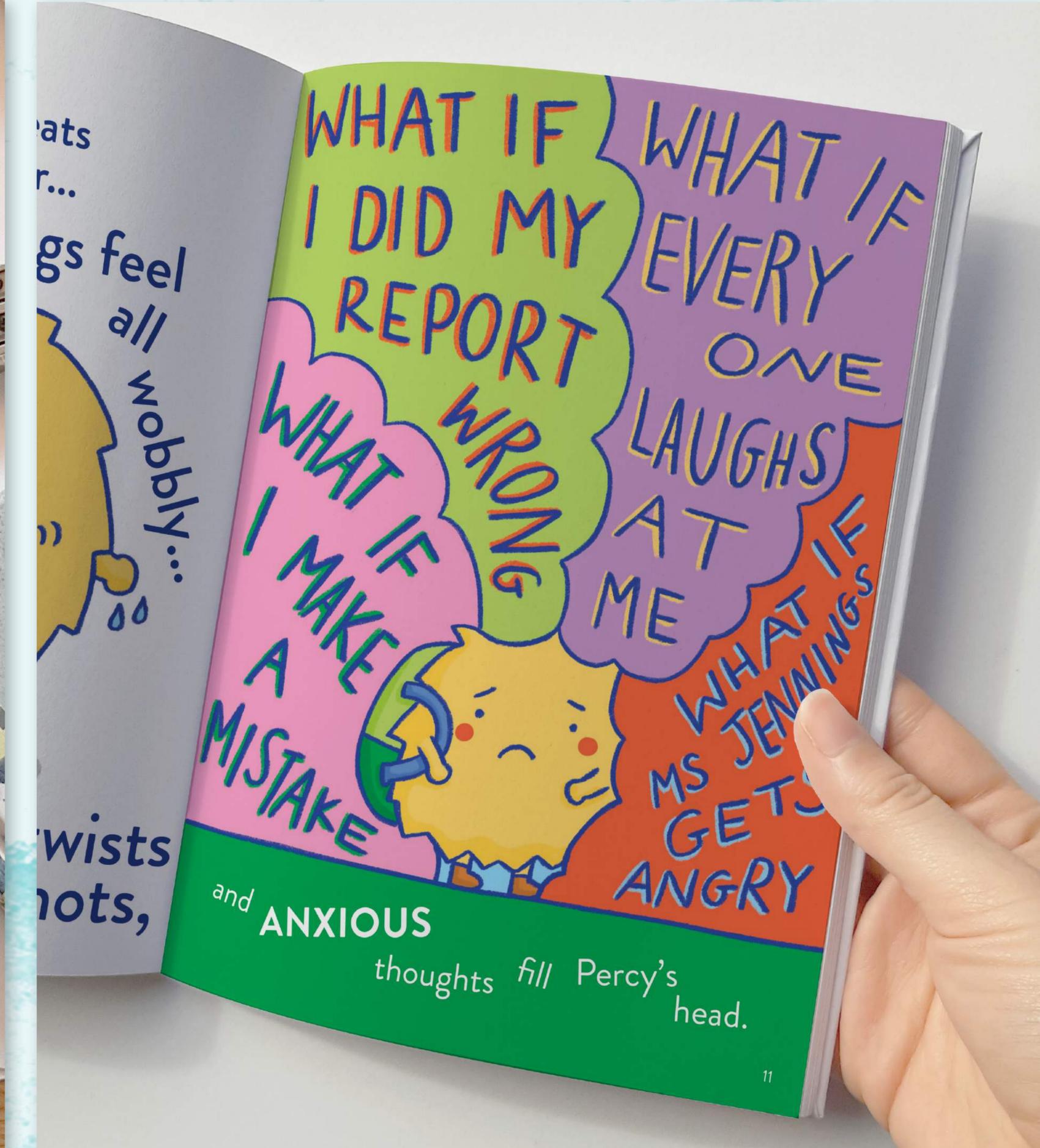
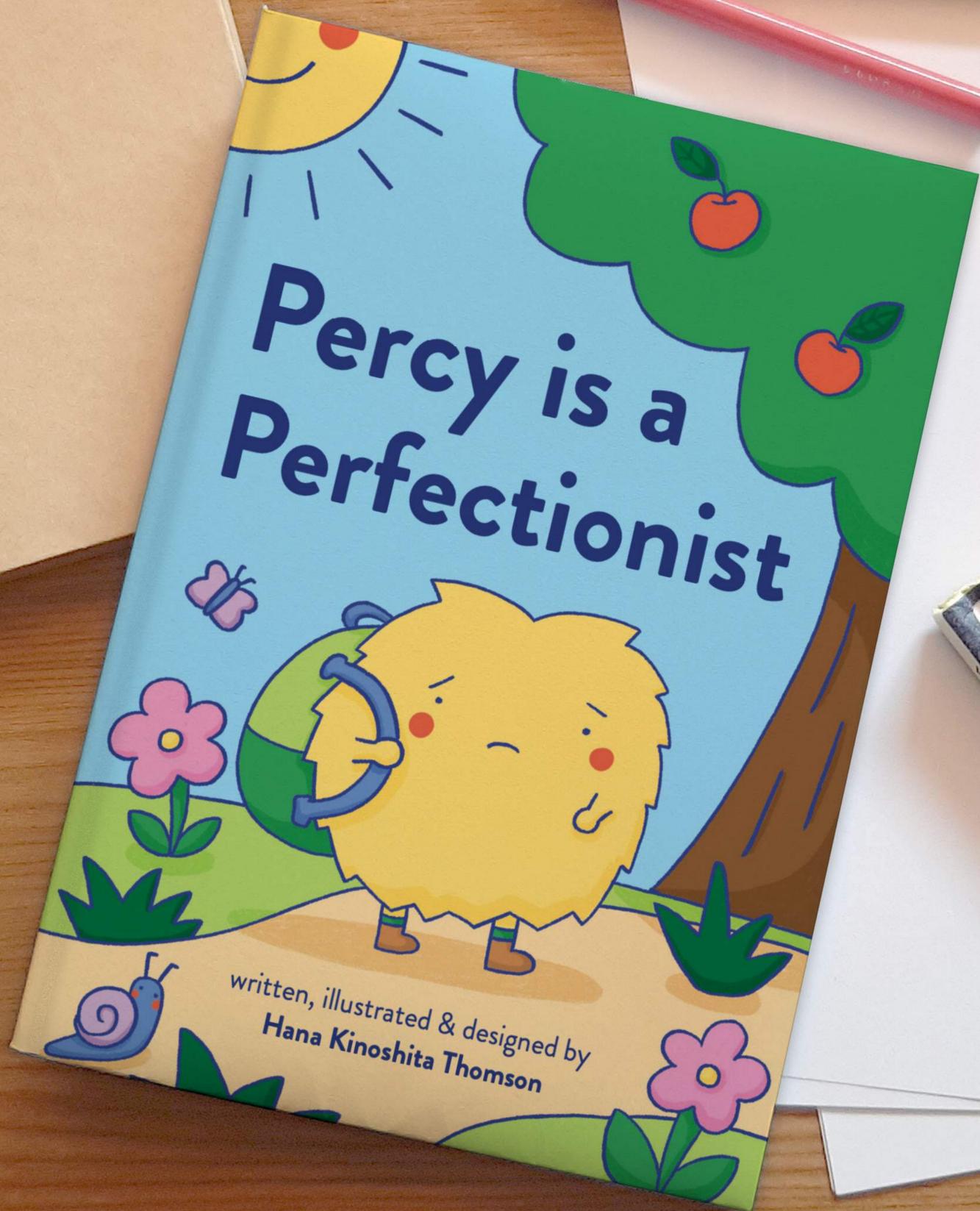


BOX BREATHING

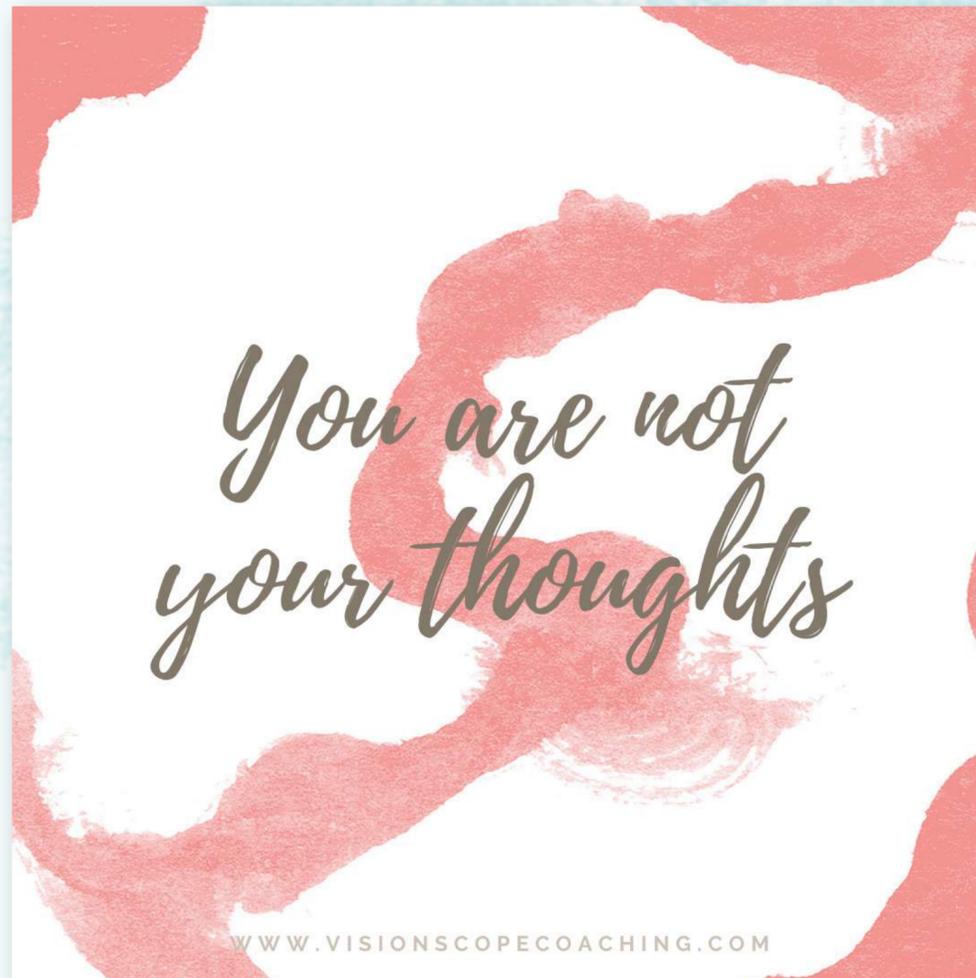
is a way of breathing that helps you reset your breath and feel calmer when you are stressed and anxious. All you have to do is breathe in through your nose for 4 seconds, hold your breath for 4 seconds, breathe out through your mouth for 4 seconds, and hold your breath for 4 seconds. You can repeat this a few times or as many times as you need to, to feel calmer.

When Percy gets anxious and their stomach fills with butterflies and knots, their breathing can also get uncomfortably shallow and fast. So, Percy decides to take a few minutes to do some Box Breathing. They close their eyes and breathe deeply...

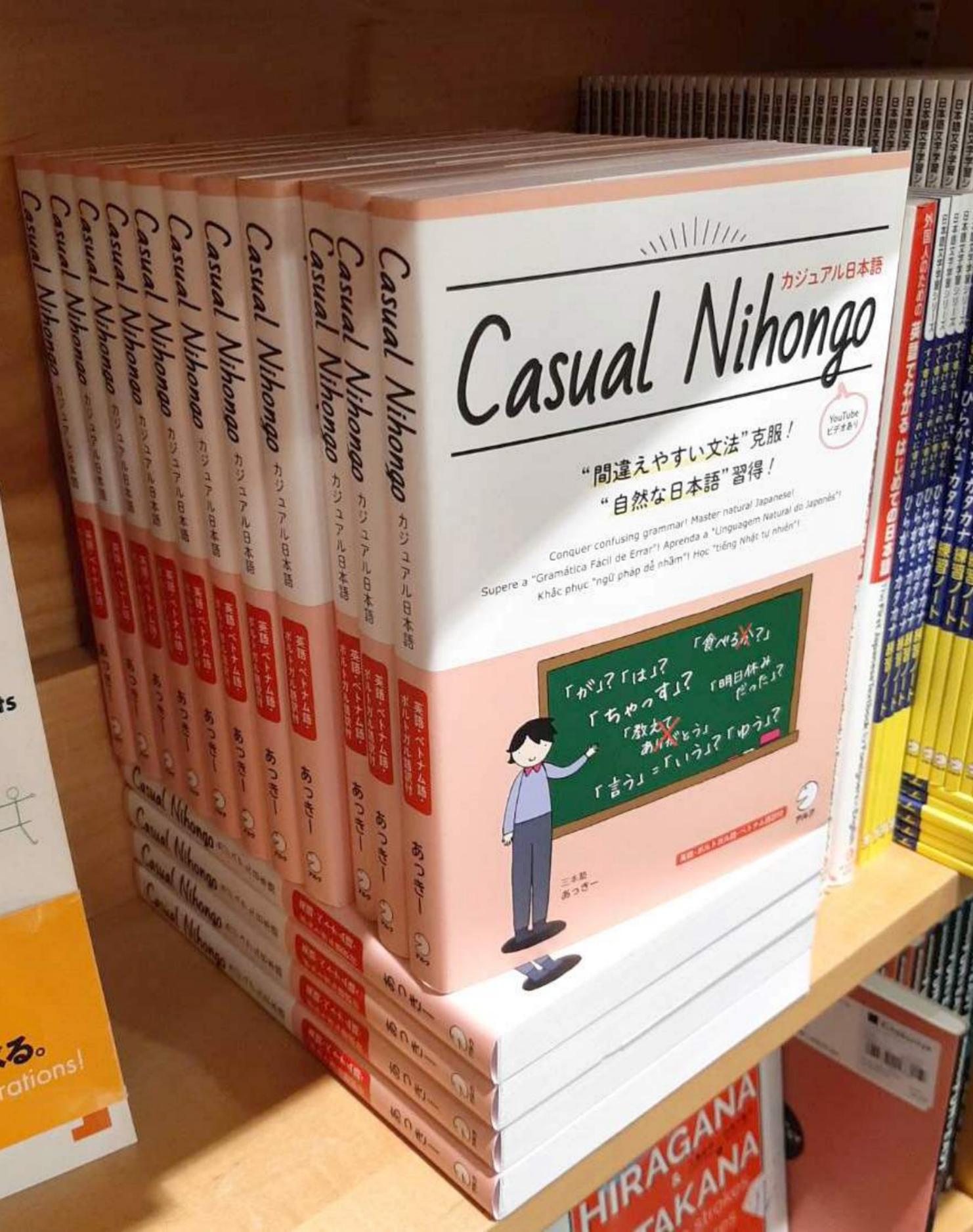




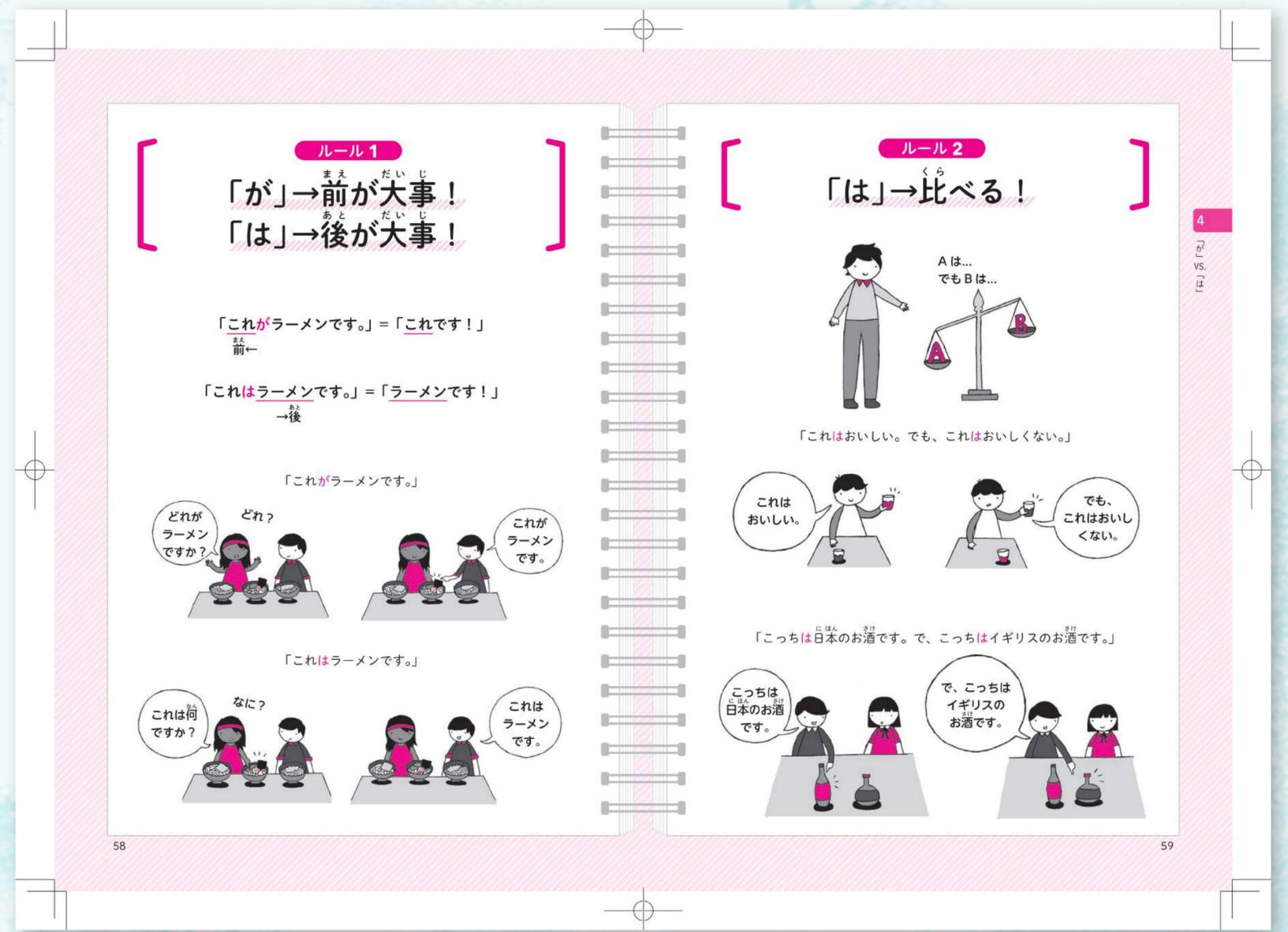
2. VISIONSCOPE COACHING *content creation & design*



In 2020 I created and curated content for life coaching business *VisionScope Coaching's* website and social media pages. As *VisionScope's* mission statement is closely aligned with my own (focusing on helping people to lead happier, anxiety-free lives), it was a pleasure to contribute gentle and encouraging photography, written content, and graphic design work to further this cause. Examples of my work include promotional material for *VisionScope Coaching's* founder Tammi Kirkness' debut book launch and motivational content for Instagram.



3. CASUAL NIHONGO illustration



Casual Nihongo is a unique Japanese language textbook for people looking to learn native-sounding conversational Japanese. I created over 300 illustrations to accompany the countless tips and practice conversations throughout the book, all of which are explained in detail in English, Vietnamese, and Portuguese. Published in 2020, Casual Nihongo is available in bookshops around Japan, on [Amazon](#), and from [Kinokuniya Books Sydney](#) (left image).

4. VISUAL ESSAY *writing & design*

For a university design course called Professional Practice, I analysed the life and work of one of my favourite illustrators Sha'an d'Anthes, and created this visual essay critically reflecting on her position as my role model. As d'Anthes' work is always cheerful and light, I aimed to write an essay and design a layout that showcased, as well as worked in harmony with her lively art and charismatic personality. This visual essay was created using InDesign.

Critical Reflections on a Role Model:

**Sha'an d'Anthes aka
Furry Little Peach**

DDES2101 Assessment 2
Hana Kinoshita Thomson
z3330054

Values

(consistent with her colourful and fun overall aesthetic) (see Figure 7), continued experimentation of materials and techniques (forever exploring new and exciting methods of creating art), the importance of the creative process (generously sharing her process through Studio Vlogs on YouTube) (Furry Little Peach, 2021), and of course, consistently creating work to an impeccably high standard (as is evident from her regular, highly polished work).

d'Anthes' core values, ranging from sustainability and social responsibility, to creating work and living a life that is colourful and playful, resonate with me deeply. She is able to balance being hard-working and passionate, with being fun and silly, and embodies yet another theme which I wish to carry with me through life – that it's important to stay true to who you are, and not what others think you should be.



Figure 6 (right). An original print d'Anthes created, from which she donated 100% of the proceeds to support NSW Rural Fire Service and Australian Red Cross (furrylittlepeach, 2019).

Figure 7 (top). d'Anthes with her signature fun fashion sense in her colourful and stylish studio (Chan, 2019).

“Make the stuff you like to make, not the stuff you think you should be making.”

- Sha'an d'Anthes (Chan, 2019)

Introduction

As an aspiring designer and illustrator of picture books, my role model is undoubtedly Sha'an d'Anthes (see Figure 1), a 28-year-old Australian illustrator and author who is based in Sydney (d'Anthes, 2021). I have identified d'Anthes as my role model because the career path that she is successfully navigating, the values that she consistently adheres to, and even her colourful and playful aesthetic (see Figure 2), are all closely aligned with the path, values, and aesthetic that I strive for in my own personal and professional life. By analysing the components that make up d'Anthes as a person, as well as the steps she has taken to get to where she is today with her professional practice, and applying these elements to my own life, I too hope to plot my way forwards as an ethical, passionate, and unique illustrator and designer.



Figure 1 (above). Author, illustrator and author Sha'an d'Anthes (Lawn, 2020).



Figure 2 (below). Summer Nights. A lively, colourful illustration created by d'Anthes using the same coloured pencil techniques, 2021.

2

Values

Taking a deeper look at the work that she produces and the pieces of her life that she shares online, it is evident that d'Anthes is a confident, passionate, and ethical illustrator, designer and author, who strongly values making a positive mark on the world.

One clear example of this can be seen in her second and most recently published picture book called "Bandits," a beautifully presented story that follows the journey of protagonist Fern, as she seeks to explore a colourful world outside of the lifeless city in which she lives (see Figure 5).

Not only has d'Anthes masterfully combined various techniques to create the stunning visuals of this picture book (using water colour, coloured pencils, layering, digital refinement, and Risograph printing) (Lawn, 2020), she also explores the themes of friendship, diversity and environmental responsibility in a manner that is easily digestible to children.

Consistent with these themes, d'Anthes' commitment to a sustainable practice shines through whenever she releases merchandise on her online shop, as she strives to maintain plastic-free and environmentally friendly materials and packaging (Furry Little Peach, 2021). Furthermore, d'Anthes' desire to use her platform to raise awareness and create positive change was evident during the devastating bushfires that ravaged Australia in 2019, when she created a limited edition print in an effort to raise money to support the NSW Rural Fire Service and the Australian Red Cross (see Figure 6).

In addition to caring deeply about the issues that affect the wider society, on a more personal and creative level, d'Anthes also values such things as a child-like sense of wonder (often citing the imagination of children as a source of inspiration) (Owen, 2014), a playful fashion sense

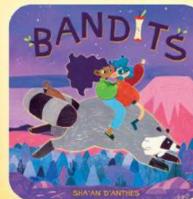


Figure 5. d'Anthes' second and most recently published picture book "Bandits" (see Figure 5), which explores the themes of friendship, diversity and environmental responsibility in a manner that is easily digestible to children.

5

Background & Beginnings



Sha'an d'Anthes started her professional journey when she was still a teenager in high school, with the seemingly small act of sharing her art on the social network website Tumblr (The Design Files, 2017; Gillespie, 2016). Under the name Furry Little Peach, a moniker which she continues to use across all her social media platforms to this day, d'Anthes posted images of her life and art, and in the process, began to gain a dedicated online following. By engaging with her audience regularly and consistently refining her work, d'Anthes successfully expanded her network to include almost 200,000 subscribers on her YouTube channel (see Figure 3) and over 250,000 followers on Instagram (furrylittlepeach, 2021).

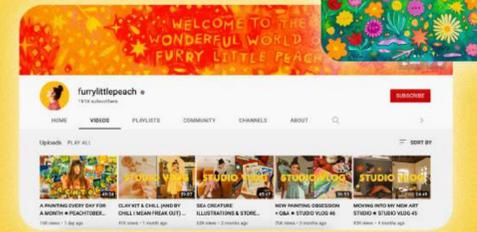
Alongside sharing her craft on social media and freelancing successfully through her online connections, d'Anthes studied at the Australian Catholic University

and in 2013, graduated with a Bachelor of Visual Art and Design, having majored in Graphic Design (d'Anthes, 2021). From there, she worked at creative studio and digital agency Cypha as a digital designer and all-rounder, contributing to website and app design projects for well-known brands such as ABC, Australian Maritime Museum, and Freedom Furniture (d'Anthes, 2021). While she has since moved away from digital brand design in her current career, she cites her time at Cypha as being a great learning experience and responsible for making her a "much better and more well-rounded creative" (Lawn, 2020).

Tying together all of d'Anthes' early career experiences are the themes of consistency, hard work, and a commitment to learning and improving her craft. Through consistent practice and sharing of her illustrations (see Figure 4), she has been able to reach a

Background & Beginnings

progressively wider audience; through being open to exploring and learning about different forms of design, she has been able to hone a wide range of creative skills. These themes strike me as essential for developing designers and creatives, and ones that I hope to carry forward with me on my own professional path.



4

Clients

As a freelance illustrator, d'Anthes has worked with a wide range of well-known clients, including Audible Australia for their Grow Your Mind campaign (Furry Little Peach, 2017), Samsung Australia for their Do What You Can't campaign (Furry Little Peach, 2018), and Adobe for their Adobe On Colour series (The Adobe Big team, 2019). Each of these campaigns involved encouraging people to get creative and expand their minds in new and exciting ways, whether by being immersed in different worlds through the magic of audiobooks, by taking the time to take a breather to avoid creative block and burnout, or by the simple act of playing around with unexpected colour palettes.

While d'Anthes' involvement in these projects reflects her passion for exploration and creativity, her other work also allows her previously mentioned



Figure 9. d'Anthes' collaboration with the Australian Red Cross, featuring a limited edition print of a koala, which was sold to support the NSW Rural Fire Service and the Australian Red Cross (see Figure 6).



Figure 8. d'Anthes' collaboration with the Australian Red Cross, featuring a limited edition print of a koala, which was sold to support the NSW Rural Fire Service and the Australian Red Cross (see Figure 6).

values of social responsibility and the uplifting of children, to shine through. For example, she painted a stunning library mural for the Happiness and Education for Life Organisation (HELO) School in Cambodia (see Figure 9), an NGO that aims to provide free education and important life skills for underprivileged children and teenagers (HELO, 2021). Meanwhile, her debut picture book "Zoom," not only consists of gorgeous visuals, but also gently educates children about the structure of the solar system (see Figure 9).

Other clients d'Anthes has collaborated with include Netflix, Together Gallery, Wacom, Cuddle Co, and the band Katchafishy (Furry Little Peach, 2021) – and what is evident from her portfolio of work is that she chooses her clients carefully based on her values, and consistently delivers art that fits the bill perfectly for her clients, while still unmistakably showcasing her unique style.

7

Conclusion

Sha'an d'Anthes is not only an incredibly talented illustrator and author, she is also a conscientious creative who carefully considers her ethical responsibility to treat the planet we live on with respect, and uses her large online platform for the purpose of having a positive impact on our society. She is unabashedly herself, and confident in her highly honed craft.

While my aim is not to reproduce her career step by step, I wish to learn from the path that she has taken and the code of conduct that she abides by, to have a successful career in my own right – by consistently developing my creative skills, trusting in my process, having confidence in and developing my style, and persistently sharing my work for the purpose of making a better world.

Taking inspiration from Sha'an d'Anthes and imbuing my own passion for such things as mental health awareness and sustainability education, I hope to follow in the footsteps of my role model by carving out a successful and ethical career as an illustrator and designer.



Furry Little Peach 2021

8

5. POSTERS

illustration & design

For various university design courses, I have created A1 posters which concisely summarise the term's major project.

Good Morning, Joey! (left) showcases a picture book (next page) with accompanying worksheets I designed to help educate children about sustainability, while the *Mindful Media* poster (right) features a multi-sensory journal kit I created to guide social media users to live and use social media more mindfully.

Both of these posters were awarded High Distinction grades, and were the culmination of a thorough process of research, ideation, iteration, feedback and refinement, and involved sketching, hands-on making, illustrating on Procreate, and the use of Illustrator, Photoshop and InDesign.

PHOENIX LEARNS "GOOD MORNING, JOEY!"

Empowering future generations to live sustainably by rethinking pedagogical practices in primary school education.

PROBLEM

One key factor behind the misinformation surrounding sustainable practices is a lack of consistent education on the topic from an early age. As a result, adult consumers and decision-makers are left struggling to make sustainable choices in their everyday lives.

GOOD MORNING, JOEY!

"Good Morning, Joey!" is a children's picture book aimed at Stage 3 learners (year 5 and 6). By following two playful kangaroo characters as they navigate the great Australian outback, readers are introduced to such topics as how natural life cycles work and the impact that man-made plastic is having on our planet.

SOLUTION

We believe it is paramount for sustainability education to be redesigned and emphasised from early primary school onwards, using a variety of fun, interactive, age-appropriate resources, activities, and long-term projects.

Our hope is that consistent, reinforced, and enjoyable sustainability education will help empower future generations, allowing them to become sustainability-literate adults who are inspired to create new narratives that go beyond mass production and consumption.

In line with these aims, we propose "Good Morning, Joey!" as one such fun educational resource to introduce children to sustainability.

STORYBOARD EXCERPTS



STORYBOARD & SPREAD

In the storyboard excerpts, you can see Joey discovering the life cycles of trees and butterflies, and their circular nature. This culminates in a scene (in the spread above) where Joey and mum come across a campsite littered with rubbish, and Joey believes that man-made litter also has a similar natural and circular life cycle.

WORKSHEETS

To accompany the picture book are worksheets and activities which educators can use to enable children to engage with the book on a deeper level. Through individual and group activities, children are encouraged to consider the current state of the world, and what they themselves might be able to do to create a more sustainable future.



For more information, visit www.phoenixstudio.com

Hana Kinoshita Thomson z3330054



MINDFUL EDIA

A science-backed multi-sensory journal designed to help you break social media's hold on your life.

The Mindful Media journal seeks to address the negative impact that excessive social media use is having on the Emotional Wellbeing of young adults (symptoms of depression and anxiety, and lowered self-worth), using an inter-disciplinary approach.

PSYCHOLOGY

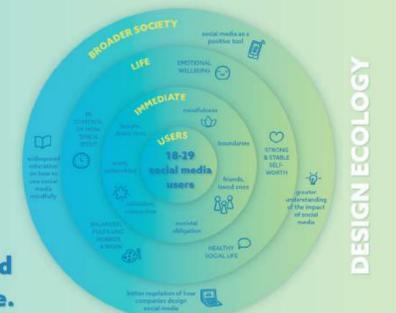
Current literature grounds the information and activities provided throughout the journal. This information guides the user through a journey of better understanding themselves and their Social Media Habit Loop, mindfulness activities and gratitude exercises that enable users to disrupt this loop, and support that empowers users to maintain their mindful social media use (see Storyboard).

TEXTILES

Accompanying the A5 journal is a white cotton journal cover and three fabric samples of varied textures. The fabric samples can be used for tactile mindfulness exercises, while the cover is a blank canvas on which users can carry out the mindful embroidery activities; activities which focus on the process of making rather than a perfected product.

GRAPHICS

The visuals have been designed with the user's wellbeing in mind, using a gentle gradient from dark blue to yellow (colours associated with calm and joy respectively) and playful illustrated icons.



DESIGN OBJECTIVES

- Educate young adult social media users how to use social media in a more mindful manner, through a multi-sensory, information & activity packed Mindful Media Journal.
- Empower young adult social media users to recognise & break their Social Media Habit Loops, through a tactile textile approach that enables users to regain control of their time.



USER JOURNEY STORYBOARD



CONCEPTUAL FRAMEWORK



Hana Kinoshita Thomson 3330054



Mum, mum! Do plastic bottles grow on trees? Do they come from cocoons like butterflies?

Not quite, Joey...



6. MII-CHAN CAN SPEAK JAPANESE

illustration, design & translation

This year I was commissioned to illustrate, design and translate (from Japanese to English) a bilingual picture book called *Mii-chan Can Speak Japanese*. The author of this book, Japanese teacher and researcher Chino Nakano, wrote *Mii-chan Can Speak Japanese* based on the true story of one of her students, a Japanese-Australian girl who no longer wanted to attend Japanese Saturday School. She [self-published](#) the book earlier this year.

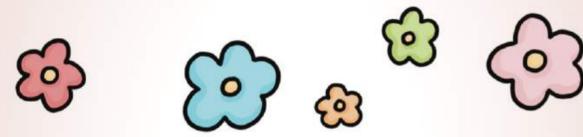
The book explores the challenges of growing up in a mixed cultural environment, of living in one country and trying not to lose your connection to your second heritage. It will be used as a resource in workshops held to support parents of mixed heritage children.

Given my own Japanese-American-Australian heritage and similar lived experiences, I was grateful to work on such an important and personally relevant project.

MI-CHAN CAN SPEAK JAPANESE *illustration, design & translation*

みいちゃんは、目がくりくりとした元気いっぱいの
八歳の女の子です。肩まで伸ばした明るい茶色の髪には、
いつもお花やリボンが色とりどりに並んでいます。

Mii-chan is an energetic 8-year-old girl with big, round eyes.
She always decorates her shoulder-length, chestnut brown hair with colourful
flowers and ribbons.



そのお花やリボンは、みいちゃんの淡いピンク、
時にはレモン色、空の色など、いろいろな色のお洋服と
いっしょに、ひらひらと楽しそうに舞っています。

Her flowers and ribbons are sometimes light pink, lemon yellow, or sky blue,
and they flutter about happily with her matching colourful clothes.



日本語の本の音読は、すごくゆっくり、しかもぼつり
ぼつりとか、読めません。時間がかかって、かかって。
読んでも、意味もよくわかりません。プリントの宿題は、
「ひらがな表」がないと書けません。

カタカナといえば、もう最悪。カタカナとひらがなが、頭の
中でごっちゃごちゃになって、ダンスをし始めるんです。



Instead, Mii-chan sits and practices reading her Japanese books out loud.
She can only read veeeery slowly, bit by bit, and it takes ages... and ages...
Even when she can read the words, she's not sure what they mean, and she
struggles to write without looking at a 'Hiragana chart.'

Katakana is the worst! Katakana and Hiragana characters get all mixed up
and start doing funny dances in her head.



Chino and I also had the opportunity to present our book at the Arts-Based Research in Japanese Studies symposium held at UNSW earlier this year. We were grateful to talk about our purpose and process, and to read an excerpt of our book out loud.

みいちゃんをあわてて、次のトピックを探^{さが}します。

「みいちゃんな、キンディ^{ようちえん}（幼稚園）さん
から土曜校行ってるし、ひらがな読めるよ」

お母さんは
「そやな。がんばったもんなあ」
包丁^こを小きざみに動かしながら、玉ねぎ^きを切っています。

—そうだ！—

みいちゃんは、急^{いそ}いでリビングからお絵かきノートを
持^もって来て、キッチン^{かたずみ}の片隅で、知っているかぎりの
日本語を書きました。

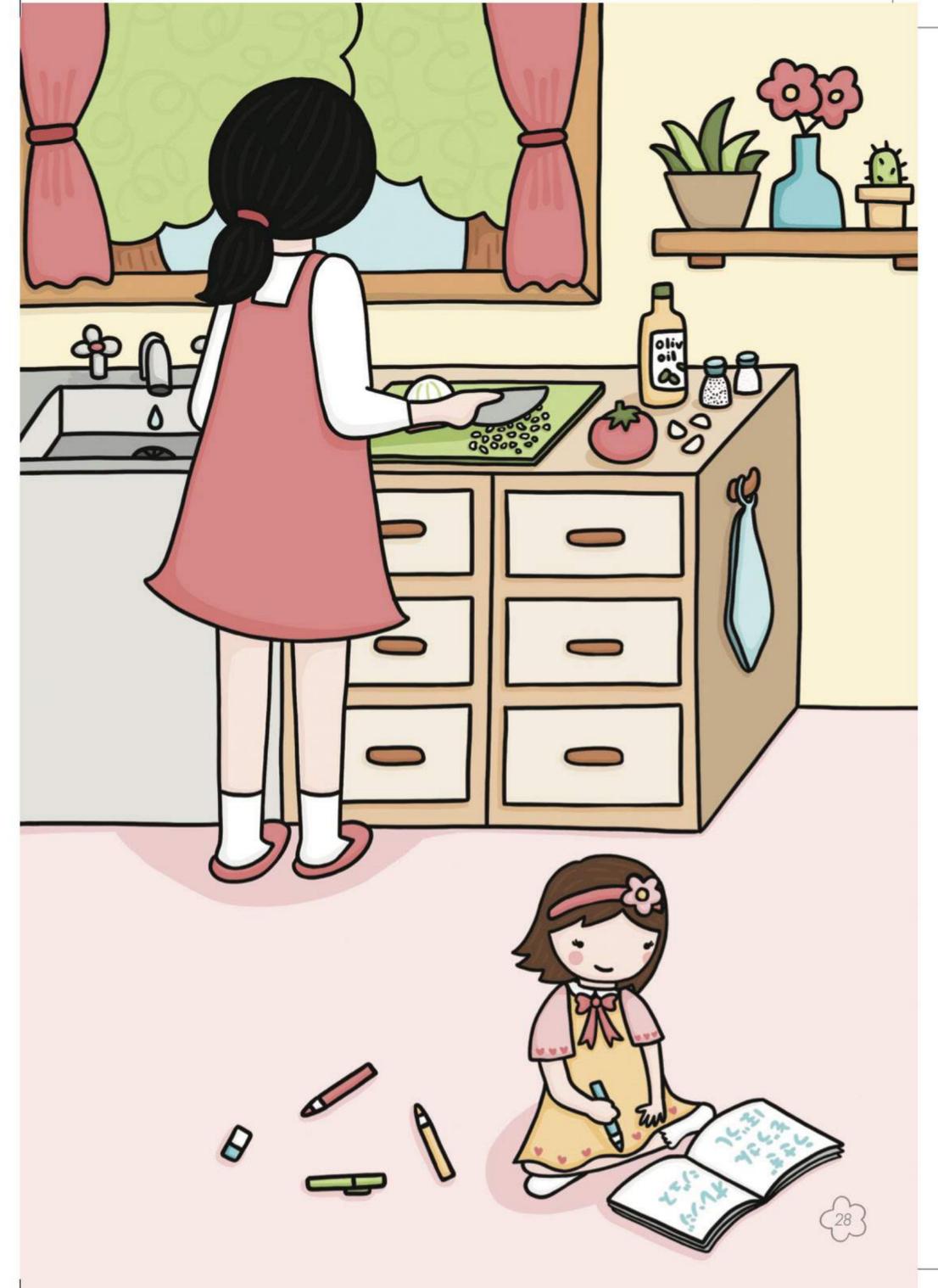
Mii-chan quickly searched for something else to talk about.

'I've been going to Saturday School since Kindy,
and I can read lots of Hiragana.'

'Yes, that's right. You've studied hard, haven't you?'
Mum diced the onion into small pieces.

Oh yeah, that's right!

Mii-chan quickly brought her sketchbook from the living room and sat
in the corner of the kitchen, writing down all the Japanese words she
could remember.

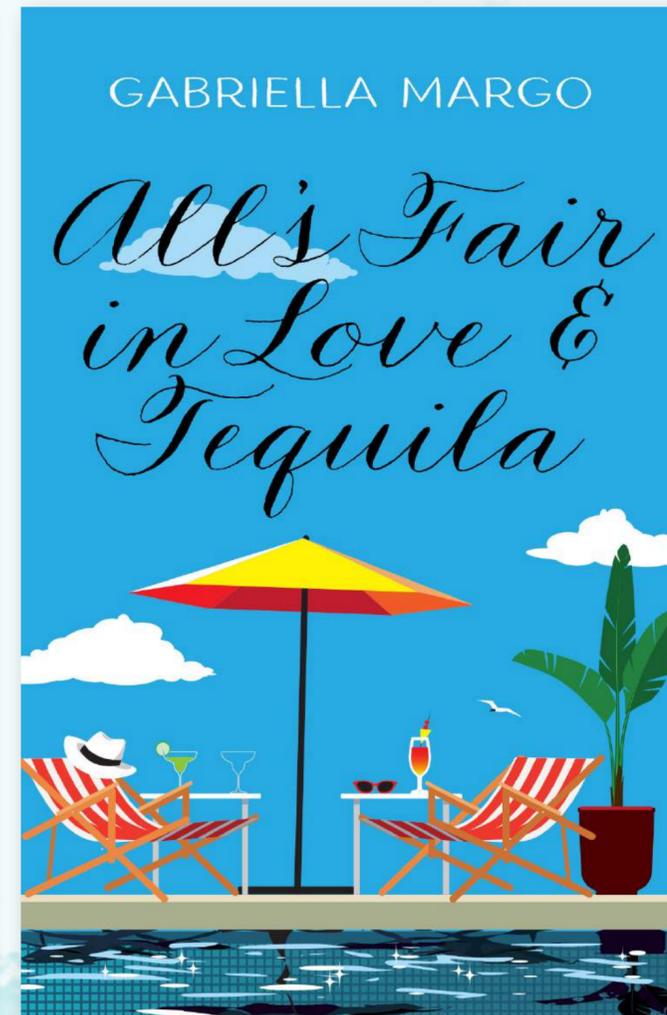


7. LIBRARY PEER MENTOR ZINE illustration & design



During my final term at university, I have been employed at the UNSW library as a *Library Peer Mentor*. The *Library Peer Mentor* program is a pilot program that was started so that high achieving students could provide guidance to other students who have questions about their courses, assessments, and so

on. When we were asked for ideas on how to promote this new program, I suggested a simple yet playful zine that explains what we do in a fun way. My supervisors loved my idea and design, and as a result 3000 copies of these zines (A4 folded in half) will be printed and distributed across campus starting early next year.

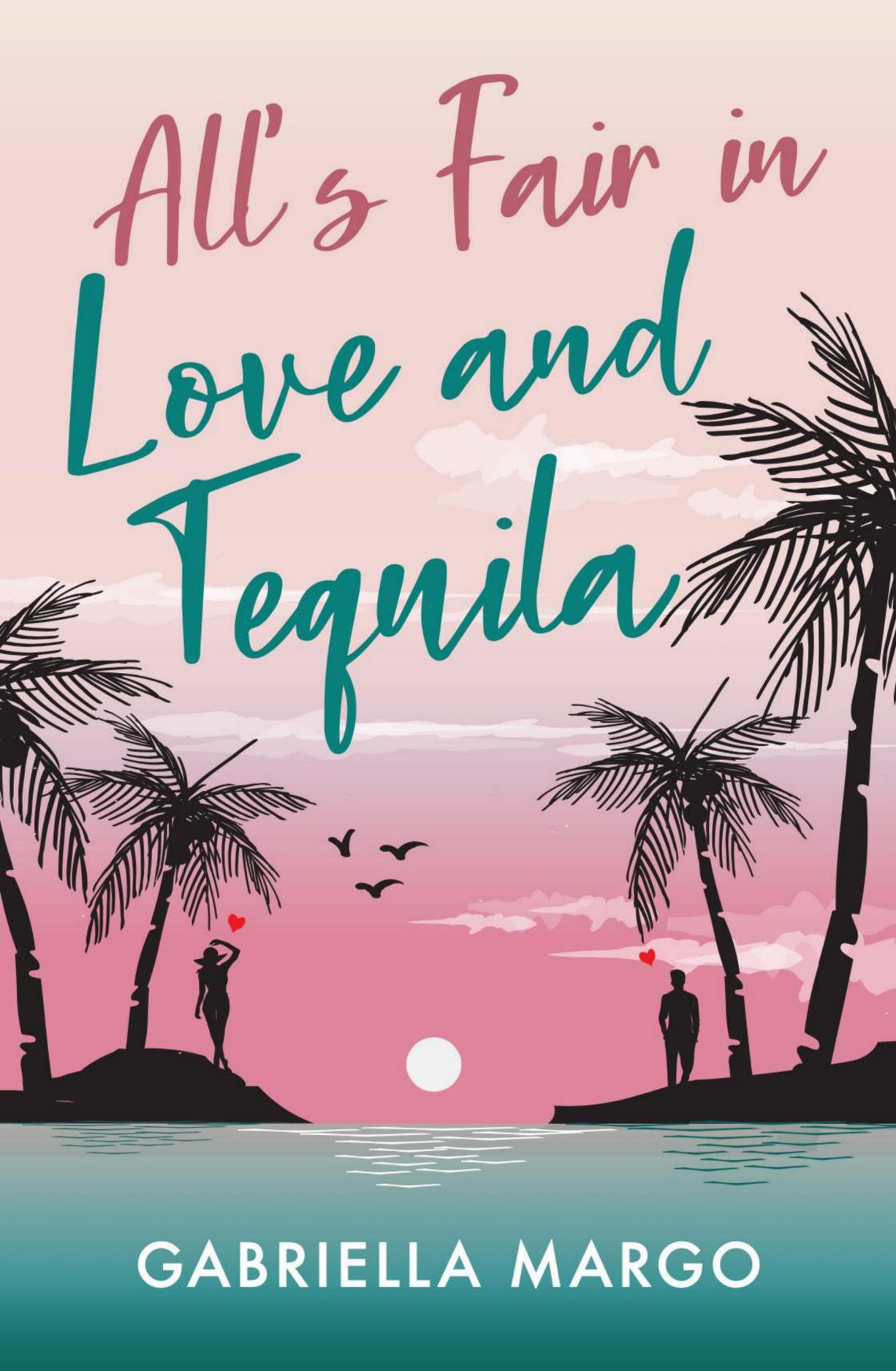


8. ALL'S FAIR IN LOVE & TEQUILA

cover design

During my 10 weeks as a Design Intern at HarperCollins Australia, I had the opportunity to design an e-book cover for Gabriella Margo's new book [All's Fair in Love and Tequila](#).

Based on the design brief provided, I was responsible for conducting image research, creating a contact sheet of potential imagery, working through various iterations of cover concepts based on feedback (left images), before finally landing on the final cover image (next page, left image).

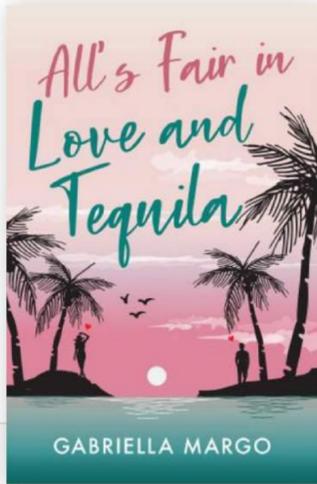


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All's Fair in Love and Tequila
by Gabriella Margo

On Sale: 01/12/2022

Format: eBook

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Book Overview **Author Info and Events**

About the Book
Salty air. Flowing margaritas. Beach sunsets ... and one annoying holiday crasher.

Luisa Edmonds doesn't have time for bad dates and guys who don't take life seriously. And she certainly has no time for men like Ed Garcia, a womanising divorcee who parties too hard.

When Luisa is sent to a lavish, all-inclusive resort in Mexico on a marketing project, she's ecstatic – until she finds out that Ed is the award-winning photographer who has been hand-picked to go with her.

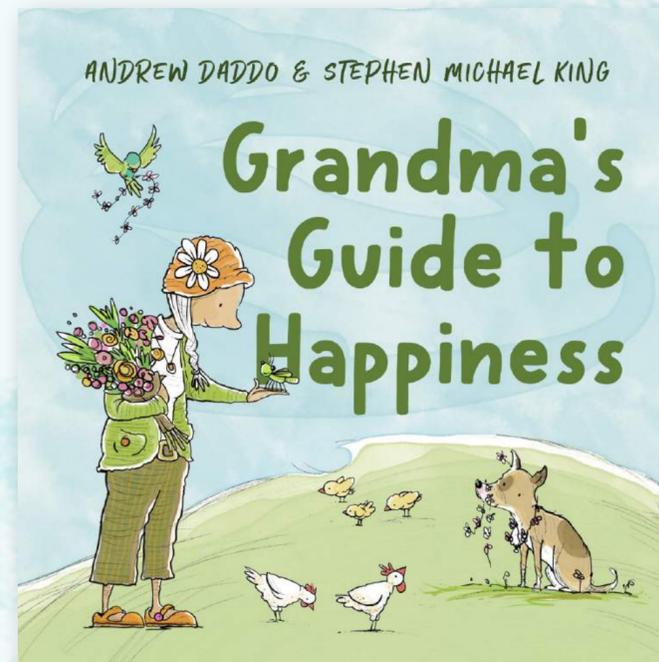
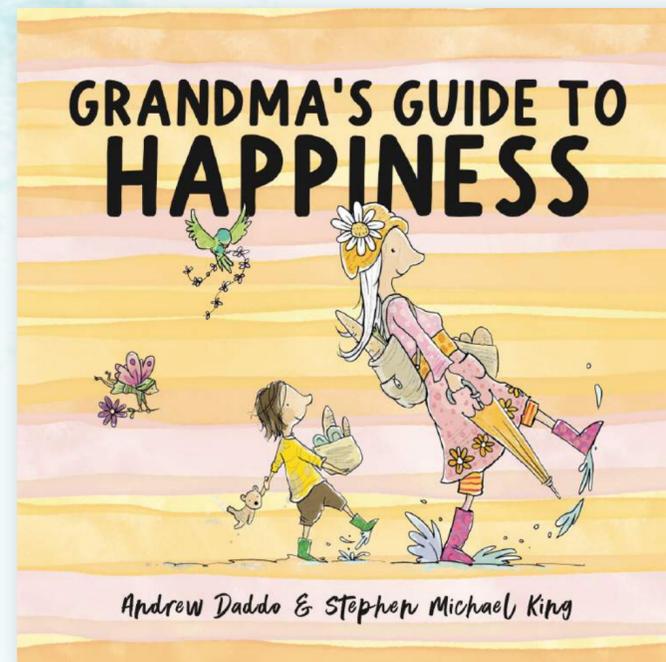
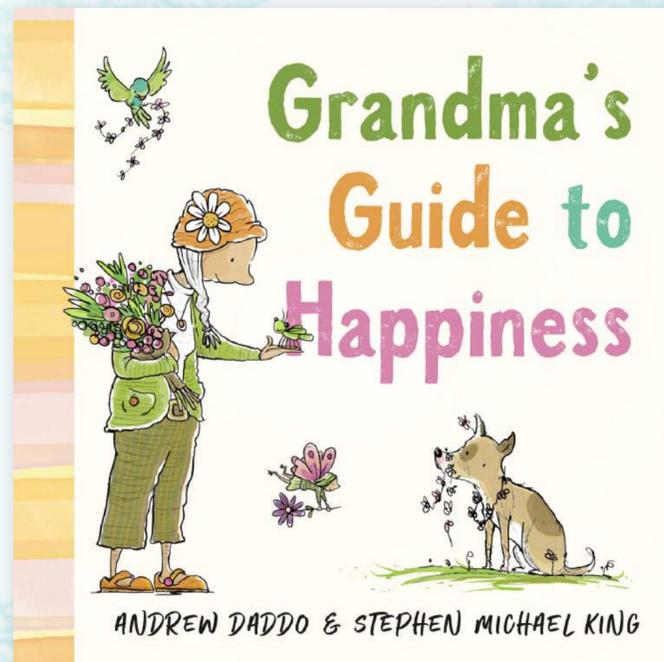
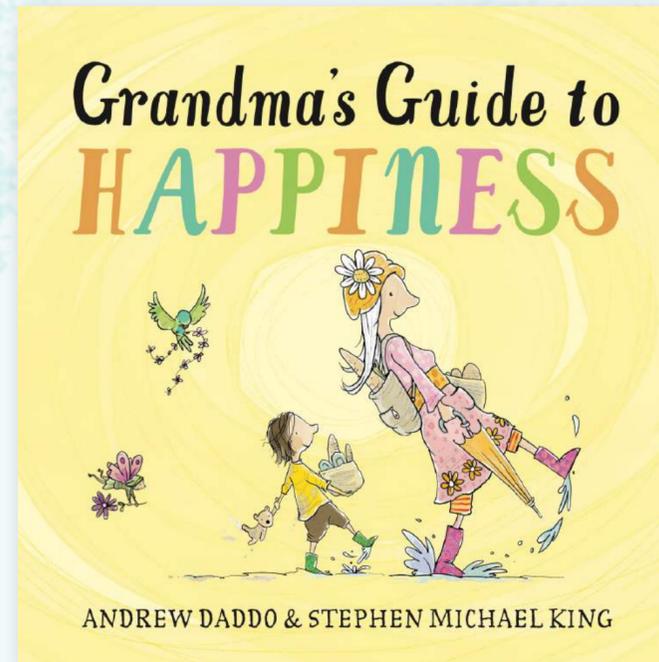
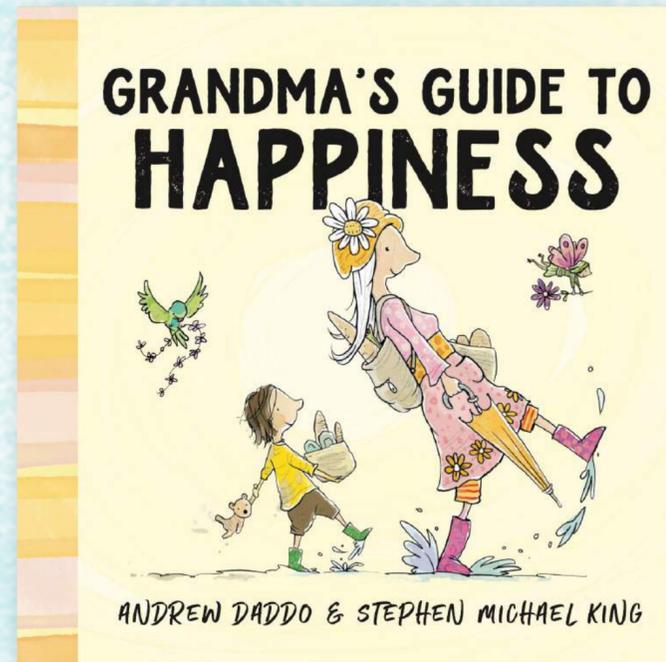
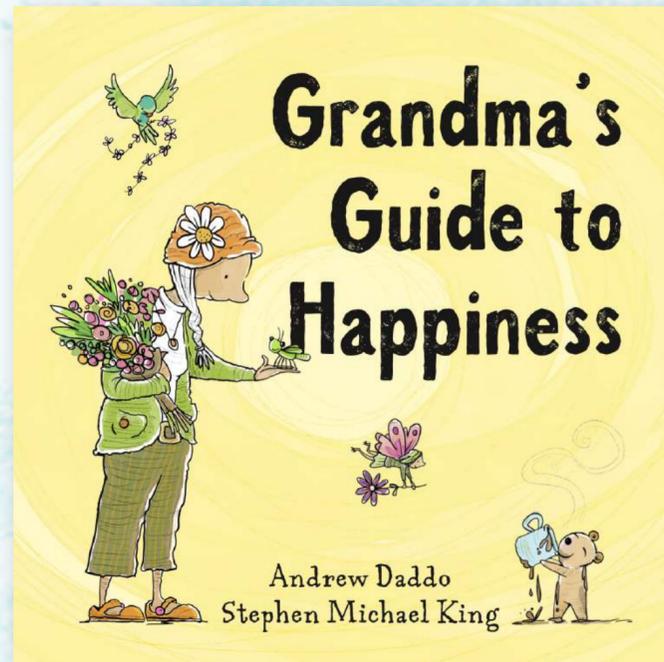
All's Fair in Love and Tequila will be published on the first of December, as per the HarperCollins webpage (above).

Author Gabriella Margo very kindly reached out to me on Instagram to share her positive feedback about her e-book cover design (right).

 **Gabriella Margo**
Active 2h ago

July 5, 2022 10:06 pm

 Hi Hana! If I have the right person then you designed my lovely book cover at Harper Collins! Did the message get passed onto you? I adored it!



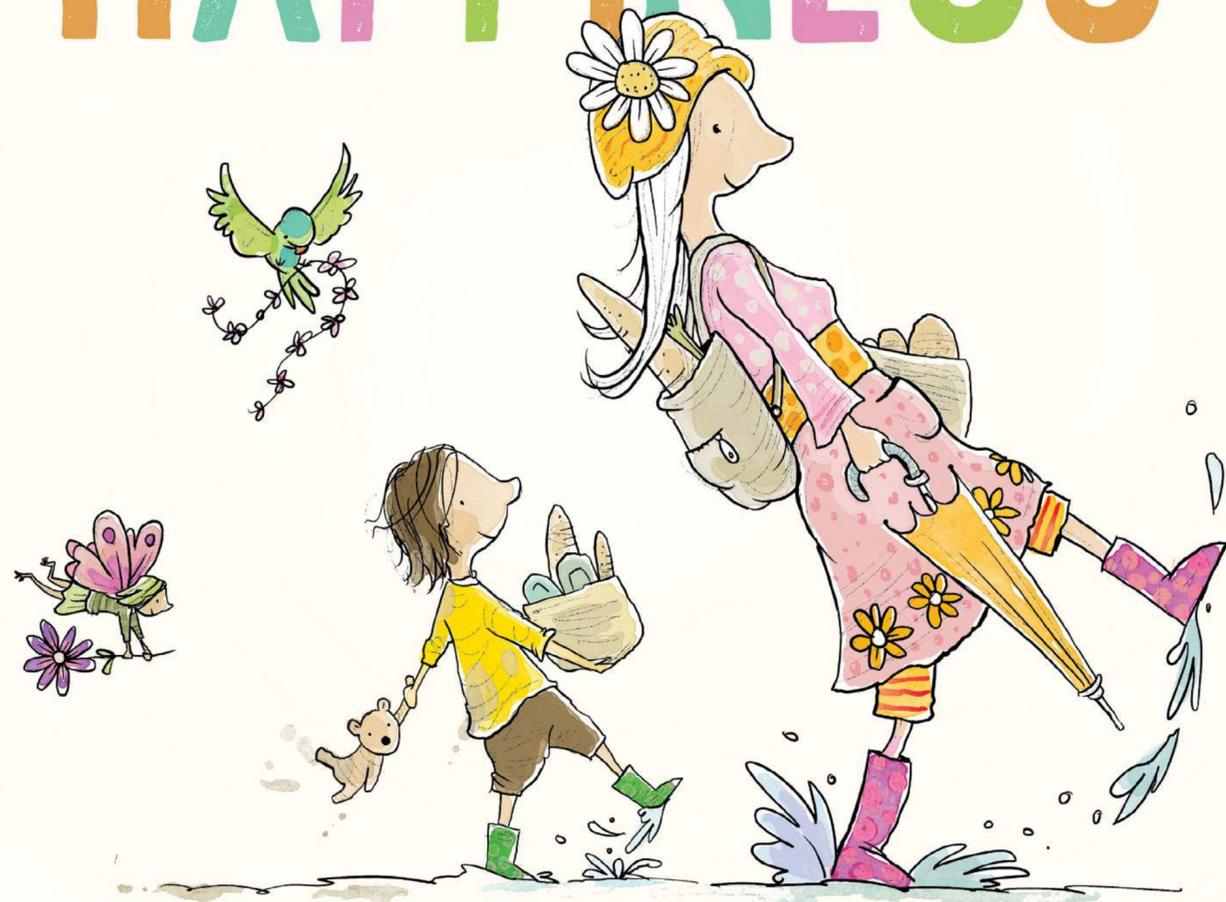
9. GRANDMA'S GUIDE TO HAPPINESS

cover design

Also while I was at HarperCollins Australia, I went through a similar process to design a cover for Andrew Daddo and Stephen Michael King's upcoming children's picture book, [Grandma's Guide to Happiness](#).

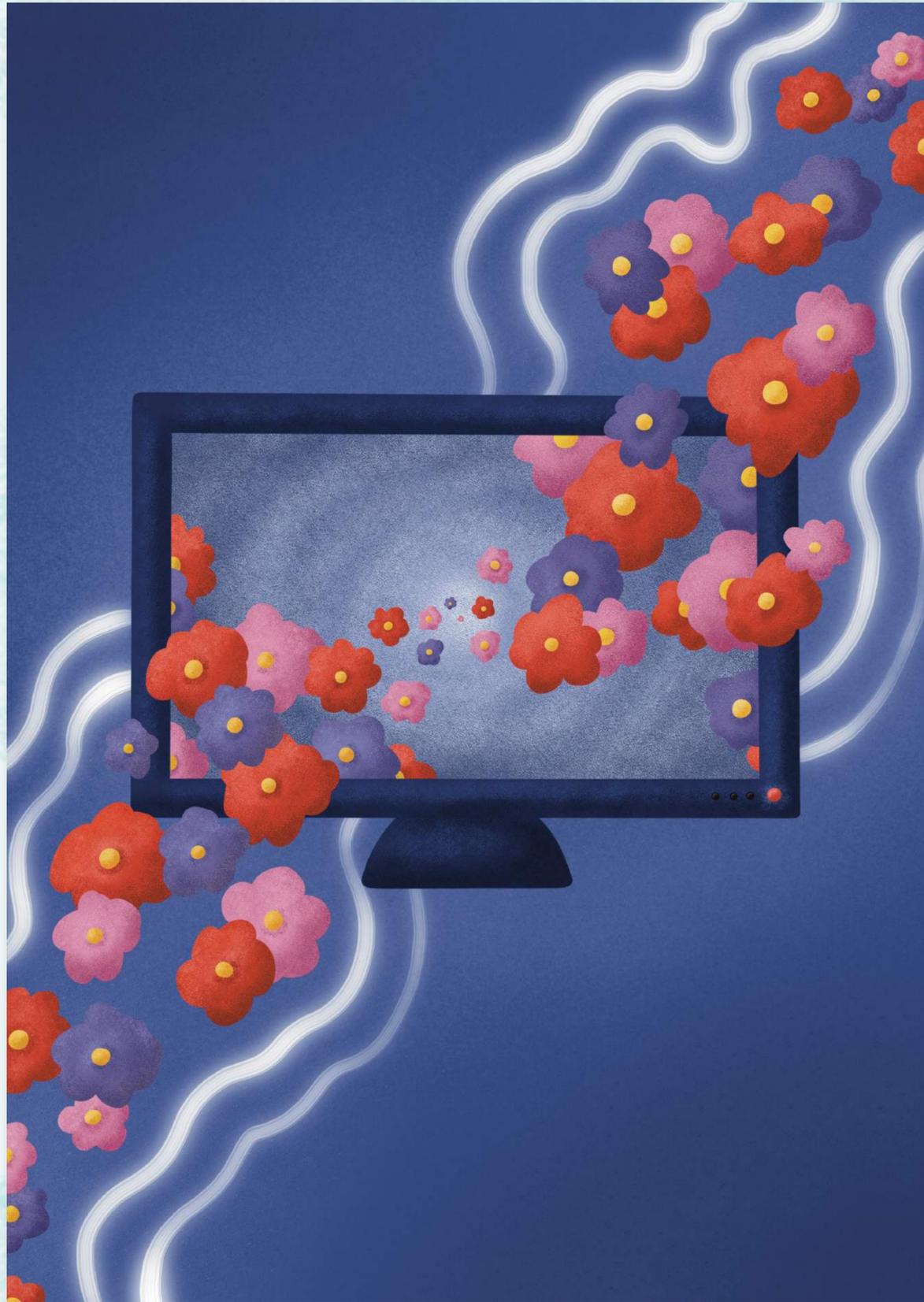
After presenting various cover concepts (left), a final cover was chosen (next page, left) and will be published early next year. I'm very excited to see the physical book when it's in bookstores soon - for now, I will have to make do with the photoshopped image (next page, right) I created to show the new cover in context for a cover concept meeting.

GRANDMA'S GUIDE TO HAPPINESS



ANDREW DADDO & STEPHEN MICHAEL KING





10. THARUNKA

illustration & design

This year I was a Sub Designer for Tharunka, UNSW's oldest student newspaper and magazine, established in 1953. This involved weekly meetings to pitch ideas, creating art to accompany the pieces written by students, and working collaboratively towards publishing three print magazines.

These two illustrations were featured in issue 68 which had the theme *Become*, and was published earlier this year.

The illustration on the left accompanied an article written by Kate Meseglio about how professionals such as counsellors and therapists can learn valuable practice skills from TV and movies.

The illustration on the right accompanied a personal essay written by Gina Syromahos about how society both obsesses over and problematises our desire to strive for happiness.

Both were created using Procreate.

THARUNKA

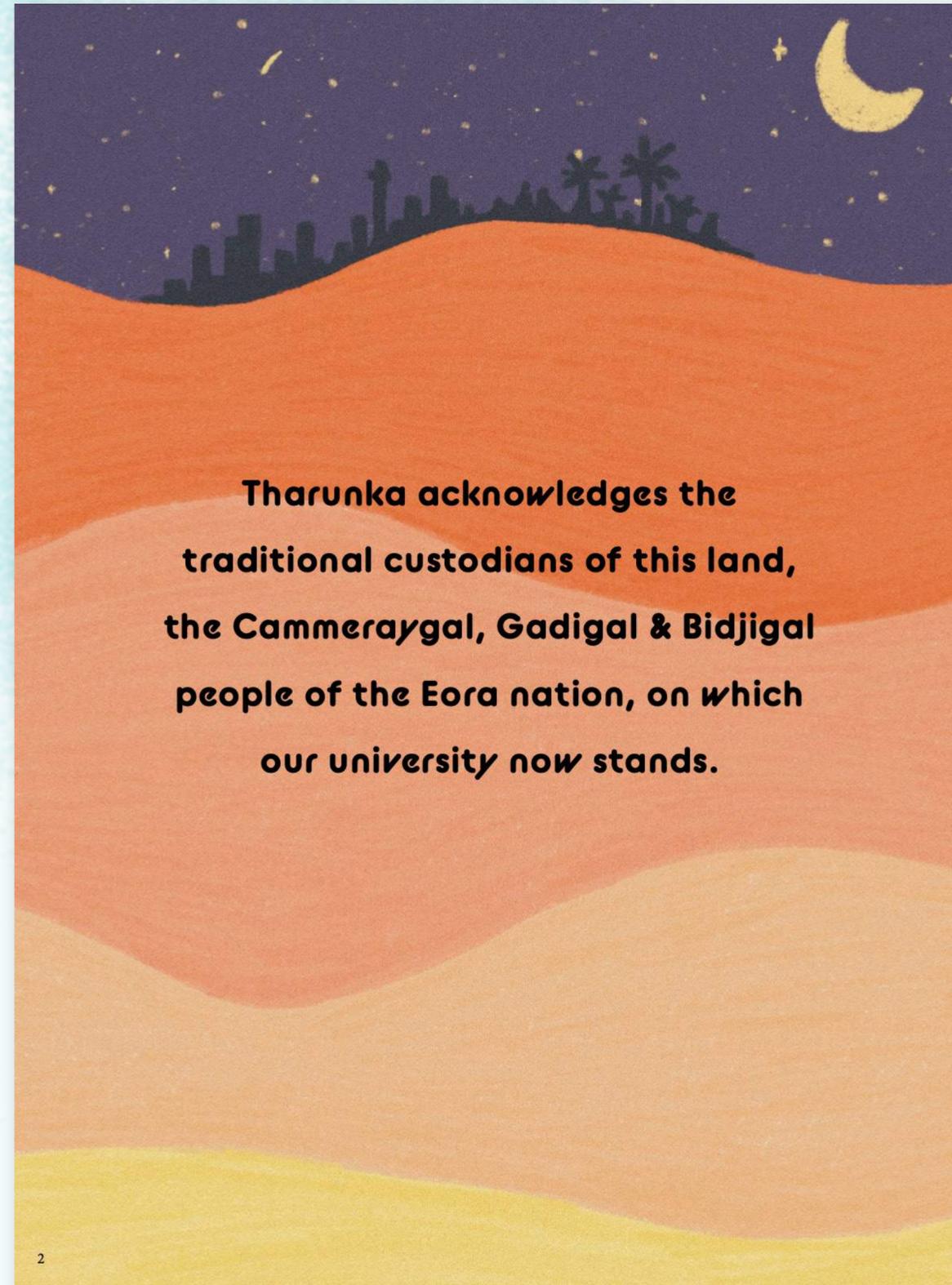
illustration &
design

Additional illustration and design work for Tharunka's *Become* issue.

On the left, a desert illustration which was used opposite the contents page to acknowledge the traditional owners of this land, upon which we reside.

On the right, a page I designed for Mariam Abbas' beautiful piece about her grandfather.

The following page shows the *Become* issue at our launch party (left) along with an image I created of my work area (right), which was shared on Tharunka's social media.





lovely greenery right outside ☺

procrastination guitar 🎸

laptop & iPad

old Tharunka issues for inspo

11. GIRL & RABBIT *illustration*



Girl and Rabbit are my original characters, who feature in much of the work I create. They love carrots and chocolate chip cookies, going on adventures, and they are the best of friends.



I have created various colourful, playful and engaging greeting cards, postcards, stickers, badges, and zines [featuring these two](#), and often post about their daily lives on my [Instagram](#).



I enjoy experimenting with different mediums when depicting Girl and Rabbit's adventures, such as coloured pencils, ink, and Procreate (which I used to create these three illustrations).

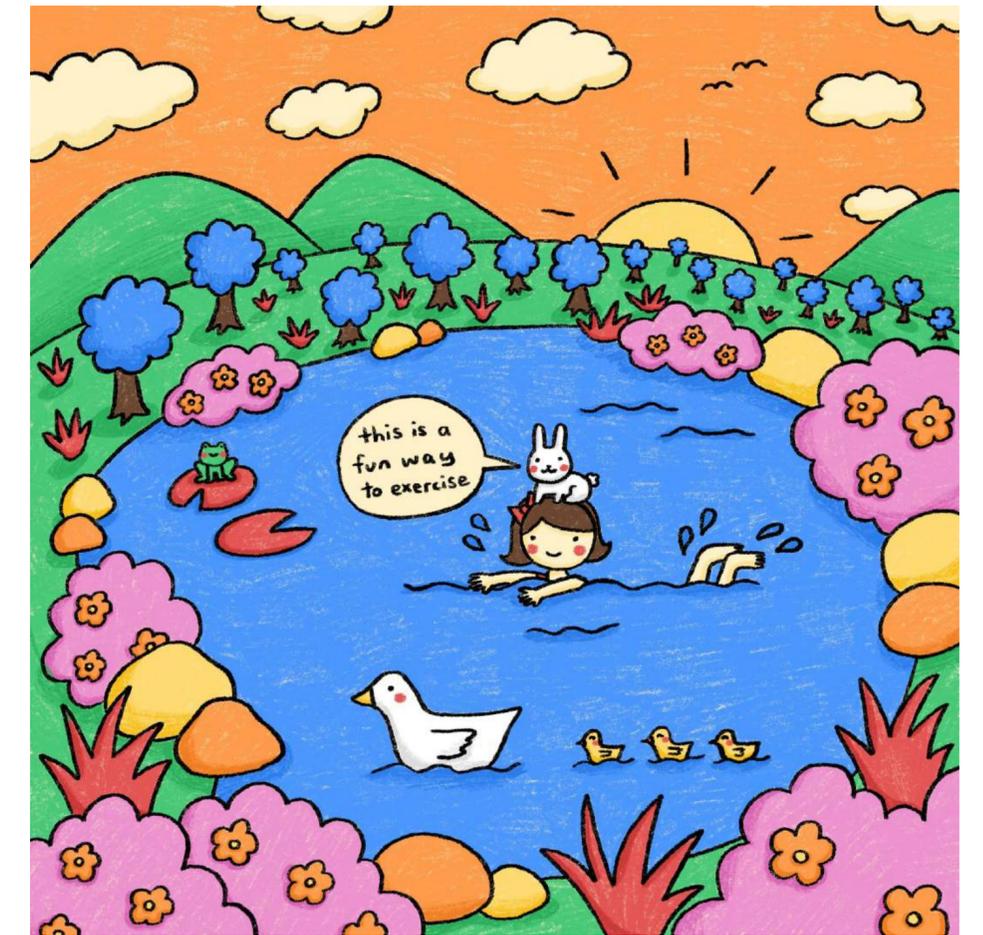
12. MENTAL HEALTH MONTH X ARTOBER *campaign & illustration*



Every October since 2020, I have hosted a creative challenge on Instagram for Mental Health Month called Mental Health Month X Artober. I put together a list of 31 prompts to stir up people's creativity,



to start conversations and raise awareness about mental health. Each year, I have enjoyed seeing the beautiful and vulnerable art and stories shared by others, as well as creating my own art based on my personal



experiences with mental health. In 2020 I made monochrome ink paintings (left), while in 2021 (middle) and 2022 (right) I created colourful digital drawings using Procreate. This is a passion project I hope to continue.

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THANK YOU

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